

Naked Pretzel Ultimate

2010 Summer Ultimate League Registration Form

Waiver and Release of Liability

Please read the following carefully and sign only if you fully and completely understand the information presented herein. If you are a minor, you must also have your parent or guardian sign this waiver / release form. Please print clearly and sign all designated spaces.

In consideration of the services of THE CITY OF EAST RIDGE, NAKED PRETZEL ULTIMATE, and THE CHATTANOOGA FLYING DISC CLUB, their agents, participants, volunteers, promoters, sponsors, advertisers, owners, and lessees of the premises on which the events are held, and all other persons or entities acting in any capacity in the CHATTANOOGA ULTIMATE LEAGUE herein after referred to as "releasees", I hereby release, waive, and discharge releasees from all claims, demands, actions, judgments, and executions which I, the undersigned, have ever had, or now have, or may have, and/or which my, the undersigned, heirs, executors, administrators, or assigns may have, or claim to have against releasees arising out of my participation with the CHATTANOOGA ULTIMATE LEAGUE.

I, the undersigned, acknowledge that the sport of Ultimate entails both known and unknown risks that could result in physical, emotional, and/or other injury, the consequences of which could be as extreme as death or damage to myself, to property, or to third parties. I acknowledge that such risks simply cannot be eliminated while preserving the essential qualities of this sporting activity. I further acknowledge that it is my own responsibility to examine the bounds of the playing field and to conclude on my own that it is reasonably suited for the sport of Ultimate. My participation in this sport is purely voluntary, and I certify that I am legally competent to make this decision and execute this document.

Participant's Printed Name: _____

Participant's Signature: _____ **Dated:** _____

Witness: (Printed) _____ **(Signed)** _____

Parent's or Guardian's Additional Indemnification (Must Be Completed For Participants Under the Age of 18)

In consideration of (*Minor's Name*) _____ being permitted to participate in the CHATTANOOGA ULTIMATE LEAGUE, I have read and fully understand the full contents of the information presented above, and I further agree to indemnify and hold harmless above mentioned releasees from all claims which are brought by, or on behalf of, said Minor, and which are in any way connected with such use or participation by Minor in or during any and all CHATTANOOGA FLYING DISC CLUB/NAKED PRETZEL ULTIMATE functions.

Parent/Guardian Printed Name: _____

Parent/Guardian Phone #: _____ **Relationship to Minor:** _____

Parent or Guardian Signature: _____ **Dated:** _____

Witness: (Printed) _____ **(Signed)** _____

"Highly competitive play is encouraged, but never at the expense of the bond of mutual respect between players, adherence to the agreed-upon rules of the game, or the basic joy of play."

UPA Rules of Ultimate, 11th Edition

Naked Pretzel Ultimate

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Important League Registration Information:

- I. League Registration is active April 3, 2010 through April 30, 2010 (*Form must be received by April 30*)
- II. Target of 12 coed teams: first 60 women & 120 men accepted (*Registration will close once these target numbers are reached*)
- III. Games will be played at Camp Jordan Park every **Tuesday** from 6:15 to 8:15 PM (*It's very important that you be on time*)
- IV. End of Season Tournament will be on Saturday, August 14, 2010 (*Those who will attend are given Registration preference*)
- V. **League Dues: \$45.00** for all players (*Dues include League Shirt & Disc*)
- VI. *Requests to play on same team as someone else will be honored ONLY for parents with child and/or parent and child*

VII. Personal Information (All fields are required ~ Please print legibly!)

Name (Last, First): _____ **Male / Female** (Circle One)

Mailing Address (street, city, state, zip): _____

Phone: _____ Email: _____

Height: _____ Date of Birth: _____ Age: _____ Shirt Size: _____

Emergency Contact (Name & Phone Number): _____

VIII. Ultimate Skill Level (Please circle only one): 1 2 3 4 5 6 7

- 1) I have never participated in a game of Ultimate.
- 2) I have played Ultimate only in pick-up games or intramural sports. I can throw the backhand throw, but have no other throws.
- 3) I have played organized Ultimate at the League level (adult, high school, or otherwise), but I still have a lot left to learn about the game.
- 4) I have played a considerable amount of organized Ultimate, including school teams and/or multiple Leagues. I can throw both the backhand and forehand throws consistently. I am not yet comfortable handling the disc on offense.
- 5) I have competed in more than a few competitive Ultimate tournaments. I have good throws & an awareness of my place on the team as well as on the field. I can handle on offense and/or be a defensive threat.
- 6) I have a profound understanding of the flow of Ultimate, and I've participated in many competitive Ultimate tournaments. I have all the throws and all the knowledge. I am a threat with the disc and/or I am very effective on defense.
- 7) I am in the upper echelon of the competitive Ultimate players in my area. I am a difference maker on the field with my offensive skill, defensive talent, or both. I am an essential part of my team's core offensive squad, defensive squad, or both.

IX. Athleticism / Conditioning (Please circle only one): 1 2 3 4 5

- 1) I get winded easily, and I usually choose to guard the slowest opponent.
- 2) I'm in decent shape, but I'm neither quick nor fast. I cannot repeatedly sprint for long bursts.
- 3) I exercise regularly and have above-average athleticism. My endurance is good, but most opponents outrun me.
- 4) I'm fast enough to cover anyone but the fastest of players, and my athleticism is above-average. I can repeatedly sprint for long bursts.
- 5) I work out and train regularly. I'm in terrific shape. I'm quick, and I'm fast. I can guard anyone.

- X. In how many organized Ultimate Leagues have you participated? None 1 2 3 4 5+
- XI. In how many competitive Ultimate Tournaments have you participated? None 1 5 10 25+
- XII. How many games out of 11 will you attend? (*Please register only if you will attend 50% or more*) 6 7 9 11
- XIII. Will you attend our League tournament on Saturday, August 14, 2010? YES Very Likely Unlikely NO

➤ **I must play on the same team as:** _____
 (*Requests to play on same team will be honored ONLY for parents with child and/or parent and child*)

➤ **Mail Completed Form, Signed Waiver & your League Dues to** (one will not be accepted without the other):
 NPU (*Checks should be made out to NPU*)
 PO Box 4517
 Chattanooga, TN 37405

Check for updated information at www.playultimate.net